

CALLING ALL WILD ONES



The Jungle Juniors Program, designed in collaboration with Occupational Therapists

Have your wild ones ever wanted to scale the walls like a monkey, or master the art of ninja?

Now they can learn more about climbing and parkour and become a Certified Junior Ninja! Our Jungle Coaches will safely help your kids practise each week, improving their motor skills, balance, strength, coordination and confidence in our 10-week Juniors Program designed in collaboration with Occupational Therapists.

WHAT'S INCLUDED?

- 10 weeks of classes focussed on child development through cognitive skills, gross motor skills, social skills and social and emotional regulation
- Jungle Coach mentoring, motivating, teaching and inspiring
- Small groups of 10 per class
- 1 x FREE Jungle Jump each week
- Unlimited Jungle Time pass post-class for Junior Ninja programs only
- Exclusive Jungle Junior Program shirt per year
- Certificate of completion at the end of term celebration



JUNIOR NINJAS



Little Explorers, Little Adventurers & Little Wanderers

Only \$35 per week

Learn through play in our Junior Ninja Parkour playground.

Our qualified Jungle Coaches will guide the class through engaging games that teach group participation, following direction, cognitive skills, problem-solving and gross motor skills.



Your Little Wanderers will be additionally tested with challenges on high ropes, climbing walls and ninja throughout the program.

WILD WARRIORS

Only \$35 per week

Race against your jungle friends and build athletic confidence on the Tribal Rock Climbing, Jungle Canopy High Ropes & Gorilla Warrior Ninja Course.

Your ninjas will build their strength, agility, confidence, balance and coordination on various course elements with the guidance of our qualified Jungle Coaches.



CLASS TIMETABLE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
10 – 10:45 AM	Little Explorers 3-5 years	Little Explorers 3-5 years	Little Explorers 3-5 years	
4 – 4:45 PM	Wild Warriors 8-9 years	Little Wanderers 6-8 years	Little Wanderers 6-8 years	Little Adventurers 4-6 years

WHY CHOOSE THIS PROGRAM?

Designed in collaboration with Occupational Therapists, The Jungle Juniors Program uses a play-based approach to develop and target the skills your children need to grow into independent, confident kids in preparation for school.

Paediatric Occupational Therapy (OT) focuses on challenging children to develop the skills they need to grow into functional, independent adults. OT uses specific strategies to target skills to promote independence in a fun process. A child's main occupation is to play, therefore OT targets skill development through a play-based approach.




DEVELOPMENT SKILLS



GROSS MOTOR

Gross motor skills are critical to perform everyday functions like walking and running or simply, sitting at a school desk and engaging in the bodies fine motor skills such as writing and cutting.

These whole-body movements involve the bodies core muscles, arms and legs. Gross motor skills also enable our children to improve their confidence when engaging in sports and improve overall sporting ability.



COGNITION

Cognitive skills are critical when gaining knowledge and comprehension and assist children to cope with structured formal learning environments and overall academic performance.

These skills include being able to focus on tasks in an environment with other children and distractions, following scaffolded instructions, understand rules and cope with change or transitions.

LANGUAGE


Communication is central to overall development. Language skills form the bridge required for children to be able to follow instructions, engage and understand what is being asked by the coach during the program.

By developing language skills, children are able to interact with other children effectively and develop age-appropriate social behaviors.

EMOTIONAL REGULATION

Social and emotional regulation is important for all children to be able to effectively communicate longer term with their peers and their coaches or teachers.

By developing emotional self-regulation and social competencies, children are able to learn important skills such as taking turns, winning and losing, and recognising their emotive state and how they feel when situations arise, whether positive or negative.



MILESTONES

SKILLS	AGES 3-4	AGES 4-5
COGNITIVE SKILLS	<ul style="list-style-type: none"> • Identification of familiar colours • Understand the concept of same and different • Follow two part instructions • Understand the concept of counting • Sort objects by shape & colour • Recognise and identify common objects & pictures • Build a tower with 4 or more blocks 	<ul style="list-style-type: none"> • Count to 10 or more • Correctly name at least 4 colours and 3 shapes • Recognise some letters • Recognise familiar words such as stop • Follow 3 part instructions • Copy a triangle, circle and square • Stack 10 or more blocks • Recognise name
GROSS MOTOR SKILLS	<ul style="list-style-type: none"> • Kick throw and catch a ball • Hop and stand on one foot for up to five seconds • Walk forward and backward easily • Climb well • Bend over without falling 	<ul style="list-style-type: none"> • Stand on one foot for more than 9 seconds • Be able to hop on one foot • Walk forward and backwards easily • Pedal a tricycle
SELF HELP SKILLS	<ul style="list-style-type: none"> • Help put on and remove clothing 	<ul style="list-style-type: none"> • Dress and undress independently • Brush teeth and use toilet independently • Use a fork and spoon independently
EMOTIONAL AND SOCIAL SKILLS	<ul style="list-style-type: none"> • Imitate emotions of others • Demonstrate affection • Understand the idea of mine and his/hers • Be able to show and identify emotions (sad, angry, happy or bored) 	<ul style="list-style-type: none"> • Be able to take turns • Understand the idea of rules • Identification of personal and others emotions • Enjoy playing with other children





BOOK NOW – LIMITED SPOTS

To secure a place in our next Juniors Program, speak to our friendly Jungle Team at The Jungle Treeception or get in touch with us via phone or email:

(07) 3147 8013

info@thejungletribe.com.au

31 Proprietary St, Tingalpa, QLD

thejungletribe.com.au/juniors-program

